

College of the Environment
Office of the Dean | Office of Academic Affairs

“Getting the Most out of your Mentoring Experience”

PRACTICAL TIPS IN MOVING FORWARD

- Get involved with a program that allows you to meet other faculty and other students, or participate in a workshop
- Find balance in your committee, and look for opportunities to meet other potential mentors
- Understand that it takes time to build mentor-mentee relationships
- You may not always be in the right place at the right time, but it helps
- Find a mentor whose communication styles matches your own
- If you are unable to find the feedback you need, try a different approach or a different mentor
- If you need to find a new mentor, you may also need to alter your research goals
- If you cannot develop a trust, you cannot develop a relationship
- Be aware of the ombud services, if you need them

OTHER RESOURCES TO CHECK OUT

UW Graduate School – Mentoring Guide for Students

<http://www.grad.uw.edu/for-students-and-post-docs/core-programs/mentoring/mentoring-guides-for-students/>

Why You Should Pursue Passion Projects in Grad School

<https://www.insidehighered.com/advice/2019/09/30/importance-pursuing-passion-grad-school-and-how-do-so-successfully-opinion>

Your Advisor, Your Ally

<https://www.insidehighered.com/advice/2019/10/07/how-build-good-relationship-your-adviser-opinion>

Graduate Students Need to Think Differently About Time

<https://www.insidehighered.com/advice/2019/09/09/graduate-students-should-make-three-mental-shifts-about-time-they-pursue-their-phd>

The Case for Student-to-Student Mentoring in Bench Science

<https://www.chronicle.com/article/The-Case-for/243361>

Best Practices for Faculty Mentoring of Graduate Students

https://academic-senate.berkeley.edu/sites/default/files/gc_mentoring_guidelines-final.pdf

Effective Mentoring Practices

<https://www.brown.edu/sheridan/teaching-learning-resources/mentoring-resources/effective-mentoring-practices>

How to Be the Adviser You've Always Wanted

<https://www.insidehighered.com/advice/2019/09/24/tips-being-better-adviser-opinion>

Mastering Out

<https://www.insidehighered.com/news/2019/08/05/why-mastering-out-phd-program-might-really-be-mastering>